

TRENDY FOOD GUIDE

Fired Up Feast at F&D Woodfired Italian Kitchen



“Being new to the area, we’re proud of the community support.” says Ashley Simmons, Executive Chef of F&D Woodfired Italian Kitchen tucked in Longwood. This family-oriented restaurant opened in June during the pandemic, striving to rise above the difficulties of these unprecedented times. Their cozy environment is illustrated through a wood-fired theme, utilizing wood decor and warm colors. Their Italian oven is sourced from Tuscany, holding a sparkling red finish. The dishes at this Italian kitchen are made from scratch daily, bringing more high quality food options to the area. Take a sight of our bites!



The Zucchini Frites utilize Stella tempura, offering a slight crunch above the moisture of the zucchini, preventing sogginess that you would typically find in other plant-based dishes, like fried cauliflower. The frites are served alongside herbed creme fraiche for a creamy bite, and marinara for a more acidic bite. Chef Ashley’s vegan culinary background is conveyed in menu items like the Beyond Rustic Pizza. The pie is wood-fired with vegan mozzarella and plant-based sausage, topped with roasted red & yellow peppers and crushed tomato. The shaved red onions add a zesty sweetness.

The Atlantic salmon is woodfired for a slight smokiness, still retaining some moisture throughout. The fennel slaw is tossed with fresh citrus for freshness. The broken mustard fennel vinaigrette adds a tang to the entire dish.

The chocolate mousse cake features a dark chocolate mousse, crusted with Valrhona, a French premium chocolate. The dessert feels rich without being overwhelmingly sweet.

Through these unprecedented times, the restaurant has taken several precautions to ensure a safe visit. They are currently seating every other table to socially-distance guests, extending to an outdoor patio. Masks are enforced, with hand sanitizers placed throughout the restaurant. A cleaning company visits weekly to spray the restaurant, while the F&D team is temperature-checked daily. With their welcoming environment, F&D Woodfired Italian Kitchen has open arms to all locals, whether guests are hoping for a fine dining experience or a casual bite to eat. Whether you're taking out or dining in, you'll definitely have a fired up feast!



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